



Overlays on Experience: Having vs. Possessing

Created by Michael Martin, 2016

This infographic was born from the Taoist duality understanding of the Oneness and combining and contrasting two additional concepts that were given to me by friends.

Concept one: All experiences are filtered through two overlays; "traditions and reasons"

Concept two: A key to life is understanding the difference between "having vs. possessing"

A Taoist Understanding of Duality:

Contrasting pairs create all perceivable existence. The perceivable separation of the contrasting pairs originates from the Oneness.

Traditions and Reasons Overlays:

The concept of traditions and reasons overlays is that everyone filters all experience through these lenses to create their unique understanding of the world.

Some examples of "traditions": culture, language, knowledge, story, hope-fear, and persona.

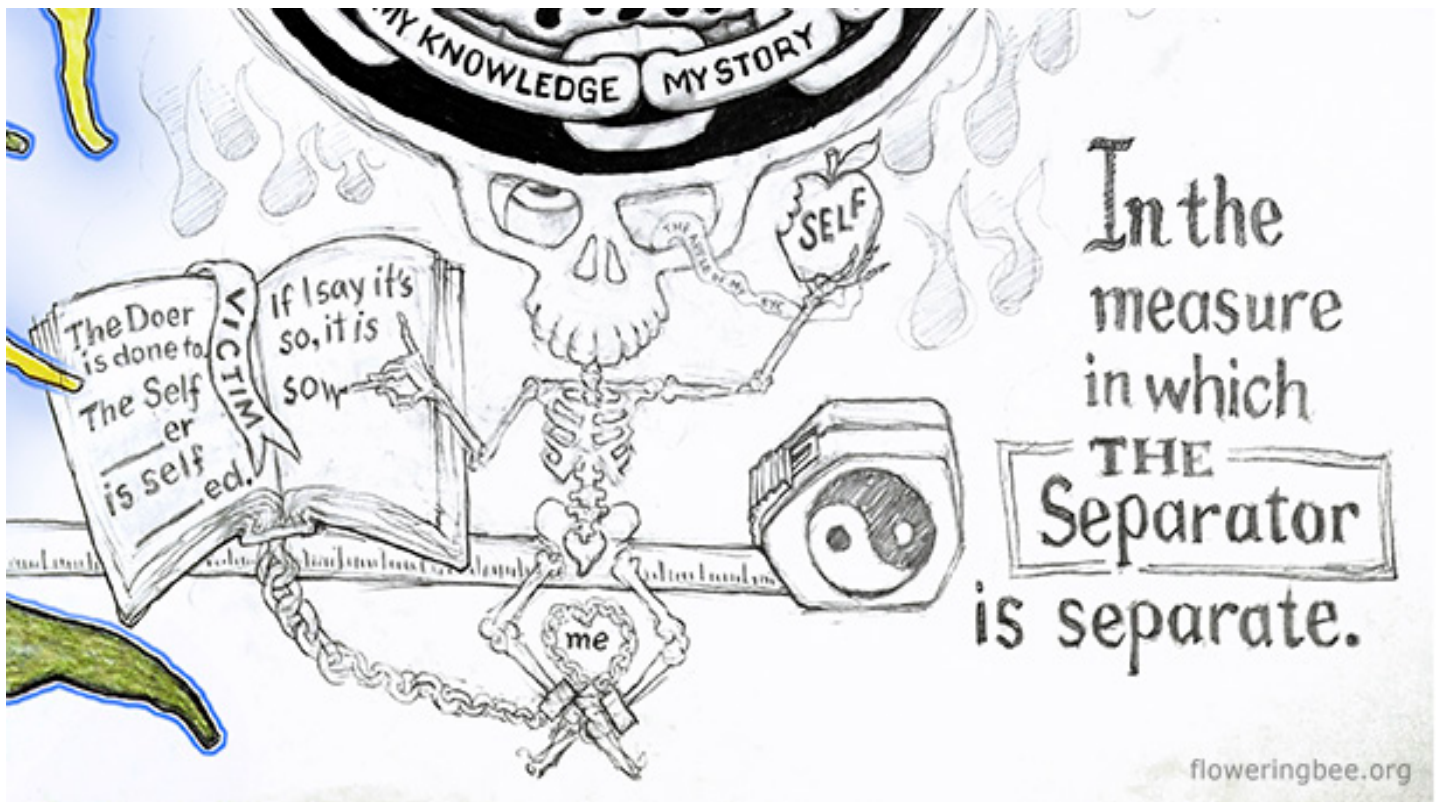
Some examples of "reasons": imagination, judgement, feeling, and truth.

Having vs. Possessing:

Having vs. possessing is about unity with the Oneness vs. separation from the Oneness.

Having is passive acceptance of what is and does not evoke separation.

Possessing is active and evokes a solidified-separation relationship of possessor/possessed, in other words a realized subject/object relationship.

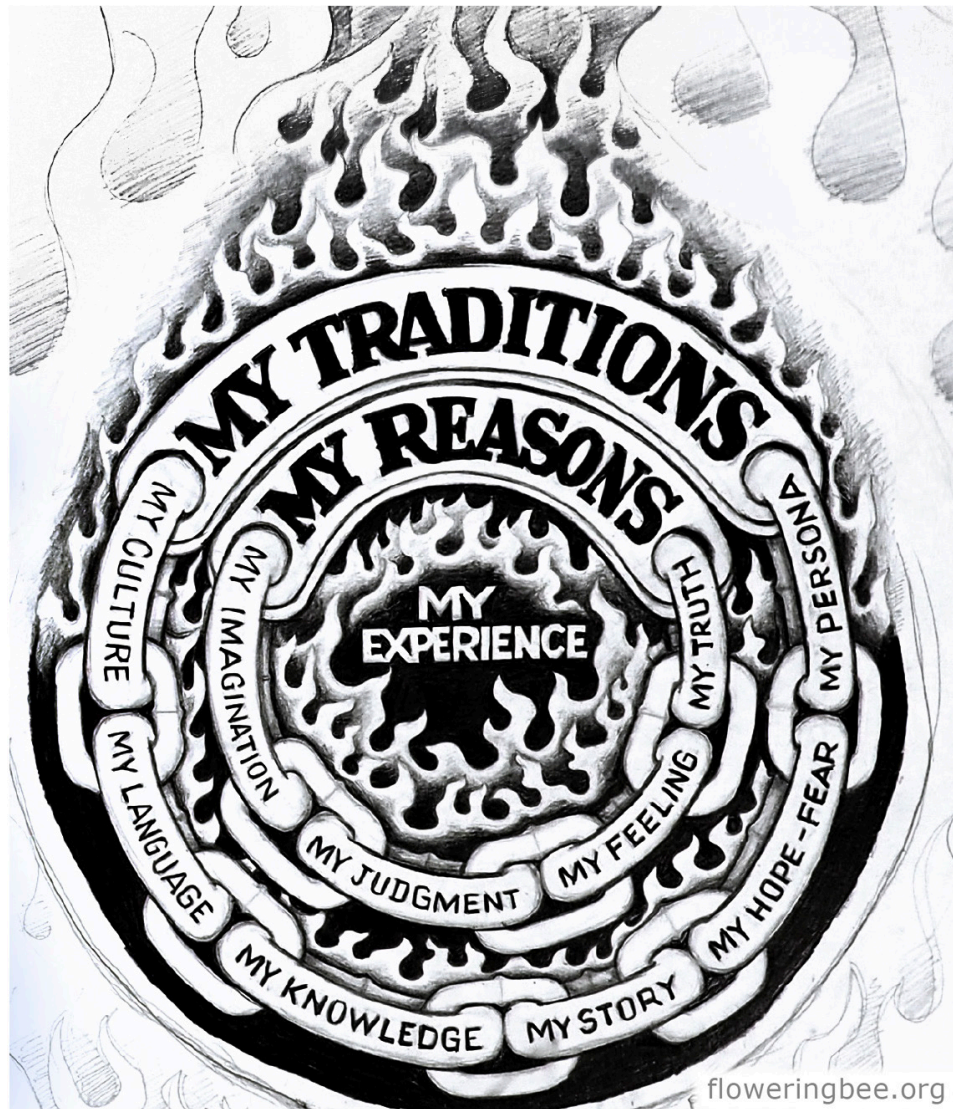


The Yin/Yang Measuring Tape:

- In the measure in which The Separator is separate.
- Even though this info graphic shows the extremes of having vs. possessing there are varying degrees between them.
- We can flow between these extremes. For example, when we lose our selves in play or work, we are in the state of Oneness. On the contrary when we experience anxiety or self-righteousness we are self-separated from the Oneness.

The Skeleton, the Book, and the Apple:

- Skeleton drawn in light pencil represents the imaginary separate-self as “the living dead” – concept from D. T. Suzuki, Zen Buddhism
- The Doer is done to. The Self _____er is self _____ed. (fill in the blank) Example: The Self-apprehender is self-apprehended – Tao concept that the Doer and the done to are the same entity.
- Snake-tongue bookmark as the recognition of the self-appointed victim – Genesis, The Bible
- If I say it’s so, it is so – I am the storyteller of my life, shackled to my own limited narrative. Separation from the Oneness is a self-imposed action.
- When the apple of my eye is myself, it is the apple of Self-consumption – Genesis, The Bible



On “Possessing” Traditions and Reasons:

- Doing from an objectified will. In other words motivated by a realized subject/object relationship – a will based on separation from the Oneness.
- Only my traditions and reasons are correct and other’s traditions and reasons are discounted
- When we focus the energy flow on our separate-self, we heat up
- Slave to the material world
- Possessing = living dead, separation, hate, knowing, limited, hoarding, insecure, diseased, hell, difficult, struggle, objectification, judged, possessed, burdened, ignorant, holding on, slave, arrogant, holding breath, self-righteous.

Back Story on the “Possessing” Section of Infographic:

- The addition of “MY” in front of the traditions and reasons is to evoke possession.
- Chains represent the possessed self-part love.
- Flames are the heat created from self-focus, caused from blocking the natural flow of energy
- Drawn in black and white to represent hyper dualism



On "Having" Traditions and Reasons:

- Being from an unobjectified will.
- Everyone has unique overlays and together we can share them
- That there is energy that flows "Within You Without You", Beatles
- Liberated from the material world
- Having = living alive, unity, love, unknowing, unlimited, eternal, sharing, secure, healed, heaven, ease, flexible, forgiven, letting go, freedom, awake, humility, breathing, righteous.

Back Story on the "Having" Section of Infographic:

- The flower and bee are one organism – concept from Alan Watts, The Wisdom of Insecurity
- Sunflower and bees represent the life energy that flows and pollinating between us and the universe, interconnectivity. Self-whole love.
- Sunflower is in full color to represent living alive

GOD HALUCINATING SEPARATION FROM SELF
(HALLUCINATION)
ZOMBIE

FEAR IS AROUND
WHICH I THOUGHT
SEPARATION IS DEATH

OVERLAYS
RESTRAINTS
OF PERSONA
(DEFINITION)
PROCESSED EXPERIENCE

TRADITION, LANGUAGE (MASK)
FASHION, STYLE, BRAND, LOGO, IDOLS, STRUCTURE

REASON' (LENS) VIEW, JUDGEMENT
STORY WRITER, ART MAKER
DISTORTION, BLINDS
ALL JUDGEMENT IS SELF JUDGEMENT

KNOWABLE - MALE

UNPROCESSED
UNARTIFICIAL
UNJUDGED
UNRESTAINED
UNBLENDED

UNKNOWNABLE
MYSTERY - FEMALE

THE
ETERNAL VIRGIN
IS THE VIRGIN BIRTH
FORGIVE
UNBORN LOVE OF
EVERYTHING BY SEEING ALL IS GOD
- THEY ARE THE OTHER

PEACE WILL BE
BROUGHT ABOUT.

- ONLY THE JOURNEY, NOT
CONCERN THEMSELVES WITH THE JOURNEY
- ALL TREATMENT IS SELF TREATMENT
- ANYTHING THAT'S SACRED IS DEAD
ALL SEPARATION IS DEAD

WHAT'S IN IT FOR ME?
WHAT'S IN IT FOR MY OTHER?
UNION SERVICE TO THE UNKNOWN WILL.
I CAN'T CALCULATE OR IMAGINE WHAT GOD'S
WILL WILL DO, WHEN I LET GO

WE GO TO HEAVEN
AFTER DEATH OF
OUR SEPARATENESS
IN THE NOW.

EXPERIENCE

UNPROCESSED EXPERIENCE IS THE ONLY TRUTH
LIFE - LOVE - EXPERIENCE - TRUST

THESE EXIST
ONLY ONE "I AM"



TRUST = LOVE
FEAR = HATE

TO INDICATE IS
TO DISSECT
TO INDICATE IS
TO DISSECT



FEAR COMES
FROM LACK OF
TRUST
TRUST COMES
FROM LOVE
FEAR COMES
FROM EXPERIENCE

TEMPERATE
LIVING LIFE
(HEAVEN) HEALED
EASEY/FLOODE
FORGIVEN
LETTING GO
FREEDOM
AWAKE
HUMANITY

HEATED
LIVING DEAD
(HELL) DISEASED
HARD/STRUGGLE
OBJECTIFY
SELF JUDGED
POSSESSED
HOLDING ON/CLING
SLAVE
ARRANGED